HOW TO LUBRICATE A MOTORCYCLE CHAIN
WHAT YOU’LL NEED

- Rags
- Gloves
- Chain cleaner
- Chain lubricant
- Cleaning brush
- Piece of cardboard
- Rear stand

HANDY TIPS

- If the chain is particularly dirty, rinse it off with a hosepipe.
1 POSITION THE MOTORCYCLE

On flat and level ground, prop your motorcycle up on its stand. But if you've got access to one, using a rear stand will make it easier.

2 CLEAN THE CHAIN

Give the chain a clean by spraying chain cleaner on to a rag and wiping it. If on a stand, rotate the wheel slowly with your hand, meaning you can get to the whole chain. Now it's time to scrub it with a cleaning brush.

Hold a piece of cardboard behind the chain, rotate the wheel to get the chain moving and spray the chain lubricant on to the inside face of the links.

Now repeat and spray chain lubricant on to the other inside face of the links.

3 SPRAY THE CHAIN LUBRICANT ON TO THE CHAIN

The part of the chain being lubricated is the inside face. There are two inside faces so you'll have to do this for each side.

Hold a piece of cardboard behind the chain, rotate the wheel to get the chain moving and spray the chain lubricant on to the inside face of the links.

Now repeat and spray chain lubricant on to the other inside face of the links.
Once lubricated, leave for a few minutes before wiping the chain down, removing any excess chain lubricant.

While you’re there, check that your chain is in a good condition and that the teeth on the sprocket aren’t worn, in case either needs replacing.